



Are you looking at your career options?

Whether you're facing redundancy, changing career or just looking for job-related information, ask your adviser about using:



Tools to inspire your career decisions

For more information contact:



Adult Directions - this will help you to:

- Generate job ideas
- Match your skills to different careers
- Create your own Action Plan
- Explore over 1800 careers
- Research career-related articles

www.cascaid.co.uk/adultdirections



Careerscape can also help you with:

- Careers information and topical articles
- Real-life case studies and job-hunting tips

www.cascaid.co.uk/careerscape